

Editorial

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It is with great honor that we present the second year of *NeuroRegulation* to the world. As the new Editor-in-Chief I look forward to bringing more valuable content to our members and the public in general. I would like to express sincere gratitude to Dr. Adam Clarke and Dr. Randall Lyle for their efforts in bringing our new journal to life, as well as its evolution into its current state. We also express many thanks for the sponsorship provided by the International Society for Neurofeedback & Research (ISNR) and Mount Mercy University for making *NeuroRegulation* an open-access, non-fee publishing venue for disseminating research, clinical, review, and theoretical papers across disciplines.

NeuroRegulation is proud to announce its Editorial Board has been formed and this group of scientists will also serve as the Scientific Review Council (SRC) for ISNR. The role of the SRC will be to serve as an advisory panel for the ISNR Board of Directors with regard to promoting sound science, evidence-based research, ethical principles, and high quality education in the promotion of the field of neurofeedback and neuromodulation. The Editorial Team and SRC are:

Editor-in-Chief: Dr. Rex L. Cannon

Executive Editor: Dr. Nancy L. Wigton

Associate Editors: Dr. Robert Coben, Dr. John Davis, Dr. Scott Decker, Dr. Jon Frederick, Dr. Barbara Hammer, Dr. Genomary Krigbaum, Dr. Randall Lyle, Dr. Ed Pigott, Dr. Sarah Prinsloo, Dr. Deborah Simkin, Dr. Estate Sokhadze

Production Editors: Jacqueline Luk Paredes, Marilyn Murphy

The contents of the current issue include a number of interesting topics. Michelle Montopoli and colleagues present data on the effects of chocolate on the EEG and blood pressure. The findings of this study reaffirm the effects of chocolate for individuals that have a particular fondness for this substance. Dr. Mark Jones provides an analysis of DC offset and impedance measures in the assessment of electrode connection quality. The findings emphasize the need to examine our methods in

great detail. Mohammad Ali Salehinejad and colleagues examine transcranial direct current stimulation (tDCS) in major depression with visual working memory and reduction in symptoms as outcome measures. This study provides a theoretical and practical concentration on left prefrontal cortex in the interaction between cognition and emotion in major depressive disorder. Dr. John Davis provides a review of “Clinical handbook of biofeedback: A step-by-step guide for training and practice with mindfulness” by Inna Z. Khazan. Finally, Dr. Nancy Wigton provides news from other journals.

NeuroRegulation is an open-access journal devoted to disseminating research, clinical data, reviews, and applied neuroscience to the world. We invite authors to submit original research, clinical case or group data, reviews, and theoretical papers. The target time from submission to first review completion and feedback is typically in the range of 14–20 days; thus affording an expedited submission to publication timeline. One change you will see in this volume of *NeuroRegulation* is an implementation of an editorial model similar to that of the *Frontiers* open-access scientific journals, where individual editors are selected to manage the editorial process of separate articles. Upon publication, the manuscript editor and reviewers are then listed on the article as being responsible for their respective roles in the editorial process.

I thank the authors who submitted to this issue of and welcome future submissions to the journal. Together, as a scientific community, we have the opportunity to fashion *NeuroRegulation* into a reputable peer-reviewed publication, with high impact, and make significant contributions to the scholarly literature of our respective fields.

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